top deals.

JUL 19 - AUG 1, 2023



SMOOTH AND SILKY

The sunshine-filled days spent outdoors are always made better with great people and frozen treats. Find some shade and cool off with Talenti's gelato — on sale at the co-op!





2/\$9
Talenti
Gelato or Sorbetto
1 pt., selected varieties



5/\$5
Brown Cow
Cream Top
Yogurt
5.3 oz., selected
varieties



2/\$4 Santa Cruz Organic Lemonade or Limeade 32 fl. oz., selected varieties



2/\$5 Chocolove Chocolate Bars 2.9-3.2 oz., selected varieties



Savor the sweet summer with delicious treats.

Shop the co-op for cool deals.



3.29
Organic Valley
Grassmilk Half & Half



4.69
Organic Valley
Half & Half
32 fl. oz., selected varieties





Take a break with a refreshing beverage.

Here's to summer.



2/\$4
Olipop
Sparkling Tonic
12 fl. oz., selected
varieties



4.49
Upton's Naturals
Seitan
8 oz., selected varieties



3.99 Ithaca Hummus 10 oz., selected varieties



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3.79
Blue Diamond
Almondmilk
64 fl. oz., selected varieties

Enjoy a cool beverage from the co-op.

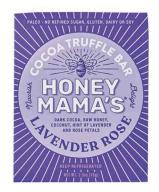




1.59
Forager Project
Organic
Cashewmilk
Yogurt
5.3 oz., selected
varieties



2/\$5
Kevita
Organic Sparkling
Probiotic Drink
15.2 fl. oz., selected
varieties



3.99
Honey Mama's
Cocoa Truffle Bar
2.5 oz., selected varieties





4.99
Silk
Soymilk Yogurt
24 oz., selected varieties



10.99

Organic Prairie Beef Summer Sausage 12 oz., selected varieties



discover Wallaby

Wallaby is deliciously different — inspired by Australia and made with premium organic ingredients. Refreshingly mild, yet wildly flavorful. Discover Wallaby for yourself with Aussie Greek Style Yogurt!

6.49

Wallaby Organic Greek Yogurt

32 oz., selected varieties



6.49Beyond Meat
Beyond Sausage
14 oz., selected varieties

Shop for breakfast essentials at the co-op.



4.99

Food For Life Organic Ezekiel 4:9 Bread

24 oz., selected varieties



2/\$8
Cascadian
Farm Organic
Frozen Fruit
8-10 oz., selected
varieties



America's favorite organic ice cream

Alden's is committed to making products irresistible for all, offering a wide variety of dairy and dairy-free frozen desserts.

2/\$10

Alden's Organic Frozen Novelties

9-14 fl. oz., selected varieties



The co-op has ingredients for summer.

Great meals begin here.



thoughtfully crafted deliciousness

We believe in nourishing people and the planet. And we are proud to use our brand as a force for good.

2/\$10

So Delicious Dairy-free Frozen Dessert

1 pt., selected varieties



2/\$9
Gardein
Plant-based
Proteins
9-13.7 oz., selected
varieties



10.99 Wyman's Frozen Organic Wild Blueberries 3 lb.

Stock up on sweet treats at the co-op.



2/\$6
Annie's
Homegrown
Organic Mac &
Cheese

6 oz., selected varieties



6.49
Sweetleaf
Stevia Sweetener
Drops
2 fl. oz., selected
varieties

authentic Greek olives

Mediterranean organic olives are rich, fruity and full of flavor. They are grown on small family farms, hand selected and naturally cured directly from Greece.

3.99

Mediterranean Organic Olives

8.1-8.5 oz., selected varieties





Make a pasta salad for hot summer days.

Find new summer recipes at grocery.coop.



8.99
Field Day
Creamy or
Crunchy Almond
Butter
16 oz., selected varieties



13.49
Field Day
Organic Olive Oil
1 liter



2.99
Wild Planet
Skipjack Tuna
5 oz., selected varieties



Spectrum
Organic
Extra Virgin
Mediterranean
Olive Oil
33.8 fl. oz.

Find pantry staples on sale at the co-op.

VALID SALES DATES: JUL 19 - AUG 1, 2023 VALID SALES DATES: JUL 19 - AUG 1, 2023 grocery.coop grocery.coop

Shop Inclusive Trade



This summer, stop by your co-op and find incredible deals on Inclusive Trade brands. We're pleased to offer great deals on brands and products that are woman-, Black-, Indigenous-, people of color-(POC), LGBTQIA+-, persons with disabilities- and veteran-owned.



INCLUSIVE TRADE PARTNER

ECOS is a woman-owned company that believes everyone has a right to a healthy home. For more than 50 years we've innovated new ways to live cleaner, creating cleaning products that protect the health and wellness of people, pets and the planet.

Ecos Laundry Detergent 100 fl. oz., selected varieties





INCLUSIVE TRADE PARTNER

Alaffia is a Black-owned company on a mission to invest in a more equitable future. Our projects enable Togolese communities to provide their skills and knowledge to the rest of the world.

Alaffia **Everyday Shea Body** Lotion 32 fl. oz., selected varieties





INCLUSIVE TRADE PARTNER

Bela Seafood is a Veteran-owned company that has been sourcing tinned fish from Portugal for generations. Our products are packed by hand using traditional methods.

Bela Canned Sardines or Mackerel



Chickapea Organic Chickpea & Lentil Pasta

5.7-8 oz., selected varieties







INCLUSIVE TRADE PARTNER

Caulipower is a woman-owned company started by a mom of two children with celiac disease, inspired by the desire for delicious and gluten-free options.

Caulipower Cauliflower Crust Pizza 10.9-11.6 oz., selected varieties



Find Inclusive Trade brands at the co-op.

The co-op supports Inclusive Trade.





2.29
Vita Coco
Coconut Water
16.9 fl. oz., selected varieties



2/\$6
Boulder Canyon
Potato Chips
5.25-6.5 oz., selected varieties



Zevia
Zero Calorie Soda
6 pk.-12 fl. oz. cans, selected varieties



3.99
Mi Nina
Tortilla Chips
12 oz., selected varieties



Waterloo
Sparkling Water
12 pk.-12 fl. oz. cans, selected varieties



PREPARE FOR FUN

What's better than a day at the park, complete with beverages and snacks for everyone? Shop the co-op for everything you need for a fun day playing outside, to sustain your energy, stay hydrated, and enjoy the company of others.



The co-op has all your snacks and beverages.



2/\$5
Garden Of Eatin'
Tortilla Chips
5.5 oz., selected varieties



2/\$3
Epic
Snack Strips
.8 oz., selected varieties



2/\$5
Guru
Organic Energy
Drink
12 fl. oz., selected
varieties



2/\$6
Barbara's
Cheese Puffs
5.5-7 oz., selected varieties



2/\$6

Divine Chocolate Chocolate Bars 3 oz., selected varieties



4.99
Pamela's
Graham Crackers
6.25-7.5 oz., selected varieties



5.49
Organic Valley
Uncured
Pepperoni Slices
5 oz.



2/\$7
Quinn
Pretzel Nuggets
5-7 oz., selected varieties



2/\$7
Lily's
Chocolate Bar
2.8-3 oz., selected varieties



Shop for what you're craving at the co-op.



2/\$4 Earth's Best Organic Yogurt Smoothie Pouch 4.2 oz., selected varieties



3.49
Lakewood
Organic Lemon or
Lime Juice
12.5 fl. oz., selected
varieties



3.99
Barbara's
Organic Cereal
9-15 oz., selected
varieties



2/\$5
Blue Diamond
Almondmilk
32 fl. oz., selected varieties





4.49
Milkadamia
Macadamia Milk
32 fl. oz., selected
varieties



100% real, 100% delicious.



At Lärabar, we believe real life calls for real ingredients. That's why all Lärabars are made with a simple blend of two to nine real ingredients, are gluten free and non-GMO. Find your flavor today!



Larabar
Fruit and Nut Bar
1.6-1.7 oz., selected varieties



Bob's Red Mill
Old Country Style Muesli
18 oz.

Delicious options for everyone are at the co-op.



3.79 World Centric Compostable 9" **Plates** 20 ct



3.39 Dr. Tung's **Smart Floss** 30 yd.



4.99 Andalou Naturals Shampoo or Conditioner 11.5 fl. oz., selected varieties



5.39 Brightening **Facial Scrub** 4 fl. oz.



6.99 Bach Rescue Remedy **Pastilles** 35 ct., selected varieties



8.29 Jarrow Formulas Methyl B-12 1,000 mcg 100 ct.



11.29 Natural Factors DGL Chewable Tablets 90 ct.



12.99 Solaray Magnesium Glycinate 350 mg 120 ct.



Navitas Organics Acai Powder 4 oz.



Kind has delicious options for every occasion during the day and for the whole family.

Kind Healthy Grains Granola & Clusters, or **Breakfast Bars**

11 oz. or 6-1.76 oz., selected varieties



Vital Proteins Unflavored Collagen **Peptides** 20 oz.

The co-op helps you feel great all summer.

Shop for fresh, delicious, local food at a co-op near you.

CONNECTICUT

Fiddleheads Co-op
Willimantic Food Co-op

DELAWARE

Newark Natural Foods Co-op

FLORIDA

Community Co-op Market Ever'man Cooperative Grocery & Cafe

GEORGIA

Sevananda Natural Foods Market

MAINE

Belfast Community Co-op Blue Hill Co-op Portland Food Co-op Rising Tide Co-op

MARYLAND

Greenbelt Co-op Supermarket and Pharmacy
The Common Market

TPSS Co-op

MASSACHUSETTS

Assabet Co-op Market Berkshire Food Co-op Green Fields Market McCusker's Market River Valley Co-op Wild Oats Market

NEW HAMPSHIRE

Concord Food Co-op Hanover Co-op Food Stores Littleton Food Co-op Monadnock Food Co-op

NEW YORK

Abundance Food Co-op
East Aurora Co-op Market
Flatbush Food Cooperative
GreenStar Cooperative Market
High Falls Food Co-op
Honest Weight Food Co-op
Hungry Hollow Co-op
Lexington Cooperative Market
Syracuse Cooperative Market

NORTH CAROLINA

Chatham Marketplace
Deep Roots Market
Durham Co-op Market
French Broad Food Co-op
Hendersonville Community Co-op
Tidal Creek Cooperative Food Market
Weaver Street Market

PENNSYLVANIA

East End Food Co-op Erie Food Co-op Mariposa Food Co-op South Philly Food Co-op Weavers Way Co-op

RHODE ISLAND

Urban Greens Co-op Market

TENNESSEE

Three Rivers Market

VERMONT

Brattleboro Food Co-op
City Market/Onion River Co-op
Co-op Food Store
Hunger Mountain Co-op
Middlebury Natural Foods Co-op
Putney Food Co-op
Springfield Food Co-op
Upper Valley Food Co-op

VIRGINIA

Fredericksburg Food Co-op Friendly City Food Co-op Roanoke Co+op



to find a food co-op near you, visit us online at: grocery.coop

creamy organic bliss



At Cosmic Bliss, we searched the universe for the best ingredients and found them right here on Earth. The results are light years beyond other ice creams!

5.49

Cosmic Bliss Organic Frozen Dessert

14 fl. oz., selected varieties



